Recovery through services that have the appropriate values and evidence base

Recovery through services that have the appropriate values and evidence base and which include the key components essential to recovery. These include adopting A Whole Person Approach by taking all areas of life into consideration in planning recovery; ensuring A Commitment To Progress by all parties involved by acting on a step by step plan towards recovery; Empowering people to take control of their own recovery through Self Management. One such example of this is the Recovery Programme which has been adopted by Hafal, the Welsh client led charity for people with severe mental illness, and which is supported by the Wales National Leadership Innovation and Healthcare Agency