

Local Primary Mental Health Support Services Practice Sharing Day, 12 January 2012

The Policy Context

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Mental Health (Wales) Measure 2010

- Developed through National Assembly for Wales with cross party support
- Received Royal Approval in December 2010
- To be implemented throughout Wales in phases January – October 2012
- Part 1 – 1st October 2012



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Other Mental Health Policy in Wales

- Manifesto commitments on mental health incorporated within “Programme for Government”
- “Together for Health” sets out five year vision for NHS Wales - four strategies within this programme
- The first of these strategies will be the new mental health strategy for Wales
- This will be a cross Welsh Governmental strategy



Together for Health

- Improving health as well as sickness
- One system for Health
- Hospitals for the 21st Century as part of a well designed, fully integrated network of care
- Aiming for excellence everywhere
- Absolute transparency on performance
- Making every penny count
- A new partnership with the public
- and with our staff



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Mental Health Strategy: Principles

- Embedding the Mental Health (Wales) Measure and other relevant legislation
- Consolidating existing policy where appropriate
- Mental health and wellbeing and mental illness
- Embracing all ages
- Addressing Issues of stigma and discrimination
- A focus on the individual through the recovery model
- Evidence based with a focus on service improvement and outcome measures from service user & carer perspectives
- Pre drafting consultation ongoing



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Mental Health (Wales) Measure: Intended Effect

- Expand provision of local primary mental health support services (Part 1)
- Ensure all service users within secondary care have a care coordinator and a care plan (Part 2)
- Provide a mechanism for re-access for previous service users (Part 3)
- Expand independent advocacy to all inpatients and all hospital and community sections of Mental Health Act 1983 (Part 4)



Part 1 – Local Primary Mental Health Support Services: Aims

- To increase the availability of mental health services in primary care settings
- Improved access for people of all ages, increased uptake
- To improve the primary/secondary care interface
- Close working relationships with primary care but not replacing the pivotal role of primary care in managing most mental health care under GMS.



Part 1 - Local Primary Mental Health Support Services: Functions

- Primary mental health assessments
- Provision of local primary mental health treatments
- Making referrals to other agencies and secondary care if required
- There remains a direct GP referral pathway to secondary care: an alternative **not** an additional step.
- Provision of information, advice and other assistance to primary care providers: support **not** supplant primary care.
- Provision of information and advice for patients and their carers N.B. requirements of Carers Measure introduced from 1st Jan 2012.



Part 1 - Local Primary Mental Health Support Services: Partners

- LHBs and Local Authorities jointly responsible for implementation (local mental health partners)
- Local mental health partners to develop joint schemes for provision of LPMHSS
- Regional provision?



Part 1 - Local Primary Mental Health Support Services: Delivery

- Applies to all age groups
- Services expected to mainly operate within or alongside existing GP practices
- Operates within tiered models of care
- Integration with existing MH services in primary care (definition of secondary care)
- Additional resources for implementation



National Service Model - Purpose

To assist planning and delivery of LPMHSS:

- Sets out expectations
- Supports clinical responses
- Not a clinical model, no pathways for care
- Describes functionality of services, not specific detail of delivery



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Eligibility

- All ages
- Mild to moderate and/or stable severe and enduring mental health problems
- Co-occurring conditions
- Referral by GP/secondary care
- GPs have other options



Assessment

Eligibility to undertake assessments
(registered social workers; registered nurses with a specialism in mental health or learning disabilities; registered occupational therapists; registered practitioner psychologists or registered medical practitioners?)



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Treatment

- Work with primary care GPs, nurses and practice counsellors to support recovery e.g. compliance therapy.
- Provide some evidence-based, time-limited interventions 6-10 sessions maximum
- Individual/group treatment, appropriate to assessment, e.g. psychological interventions, anxiety management groups, bibliotherapy, education re dementia
- Staff skills/training/supervision
- Care plans/Documentation



Referral Onwards

- At any stage of contact with the LPMHSS
- GP informed
- Recipient of referral to decide whether service is to be provided
- Individual focus: communication, risk, language, records, care pathways
- Service and professional relationships



Provision of information and advice to GPs and practice staff

- Training and support
- Information on services
- Feedback on referrals
- Development of practice protocols
- Service planning
- Schemes to identify time available for this function



Provision of information and advice for individuals and their carers

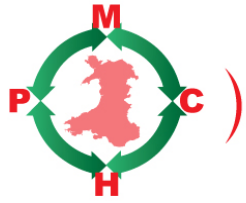
- Support individual choice, person centred
- Options, “signposting” to other appropriate services e.g. CRUSE, CAB, Care and Repair, local support groups, good neighbours schemes, volunteering etc.
- Support for carers
- Confidentiality
- Maintaining up-to date information
- Staff skills



WG Performance information

- Primary care practitioners/20,000 population
- Assessments undertaken
- Waiting times for assessment
- Waiting times for interventions
- Number of completed interventions
- User, carer and GP satisfaction levels
- Duty to review





WaMH in PC Wales Mental Health in Primary Care

**A Practice Sharing Day
to support the
implementation of services under**

**Part 1 of the Mental Health (Wales)
Measure 2010**