

Marie Griffiths

Marie has worked within the NHS for 8 years in an administrative role, starting in Health Promotion in 2002. In 2004 she was seconded within the National Public Health Service into a project officer post supporting *Positive Steps*, a partnership community exercise referral scheme between health services, GPs and Local Authority. This provided her with the opportunity to develop further and in 2007 graduated from Swansea Metropolitan University with a BA (Hons) in Health Studies and Sociology. Her research during this period was on 'Attitudes towards and stigmatisation of mental illness'.

She gained promotion within Swansea Public Health Team to Office Manager in 2008 managing the administration team and providing support to the Head of Service, Health Promotion Specialists and Public Health Practitioners. The job was extremely wide ranging and provided experience of working with colleagues in other NHS Teams and local partners in other organisations on a wide health improvement and well being agenda. She has supported local health improvement work on tobacco control, physical activity, sexual health and workplace health, which all contain opportunities for supporting people's mental and emotional health and well being.

Marie recently began her current role on a secondment within Public Health Wales to the Mental Health Promotion Network. Marie coordinates the Network and generates research and information for publication.

Marie is dedicated to the area of mental health promotion with a focus on evidence based practice and the added value of partnership working.