

Dr Mark Boulter
GP



Dr Mark Boulter has been a GP in Carmarthenshire for 18 years, and has been a job-sharing partner in Llanfair Surgery Llandovery since 1994. Since undertaking a 6 month Psychiatry post at St David's Hospital, Carmarthen, in 1988, he has had a long term interest in mental health issues in the primary care setting. He has been the primary care representative on the Mental Health NSF Implementation Advisory Group since its inception, and is a founder member and vice-Chairman of WaMH in PC the all-Wales primary care mental health network which has been operating since 2002. He is also Secretary of RCGP Wales. It has been his long term ambition to get policy makers, commissioners and all Primary Care staff to raise the profile of mental health in Primary Care, especially in view of the enormous work-load it involves and the often startling lack of training and confidence in this area. He won a bursary award in 2003 to run a mental health awareness training day in the Towy Valley covering 2 GP practices (including all reception, admin, nursing and medical staff), the CMHT, OAP Psychiatry team, users/carers, and the voluntary sector. He is also working with many other partners in developing a pan-disability training package for primary care in Wales (EquIP Cymru).

Outside of medicine he is interested in music, coaching junior football, cycling, but has not managed to accomplish them all at the same time.