

Ruth Coombes
Manager for Influence and Change
Mind Cymru



Ruth joined Mind Cymru in July 2004. She has managerial responsibility for the Influence and Change Team, which includes the Rural Policy Officer, and some additional Directorial Responsibilities. Ruth has a health and social care focus to her brief working on all aspects of adult mental health in Wales, supporting, challenging and lobbying the Welsh Assembly Government on mental health policy and implementation. She works closely with the Policy Department in National Mind, London and with other voluntary sector organisations in Wales, working on mental health issues devolved to Wales and highlighting the Welsh perspective in non-devolved issues. She works with the Mental Health Research Network, with the brief to enable and support the inclusion of service users and carers in mental health clinical research in Wales. She leads on the roll out of Mental Health First Aid in Wales and is a member of the Disability Access in Primary Care Steering Group. She is very interested in community wellbeing.