

Dr Tony Downes - Biography

Dr Tony Downes is a GP with a special interest in Substance Misuse and Psychological Trauma and he works in a Primary Care Substance Misuse service and at a GP training practice in Flintshire, North Wales. Tony has been a core group member for a number of years and is the author of WaMH in PC's 'Hallmarks' of positive relationships. He is also involved with the work of RCGP Wales' Patient Partnership in Practice (PPIP) subgroup. Tony is an executive committee member of MHRN-C and a member of Professor Jon Bisson's Traumatic Stress Research Development Group. Tony provides an innovative service in general practice for patients presenting with problems related to Psychological Trauma and has piloted new ways of working in England and in Wales; he was the first GPwSI in primary care mental health in Wales. Tony was a GP representative on the NICE Guideline Development Group for Chronic Fatigue Syndrome. He is currently undertaking an MSc in Psychological Trauma and is a member of the WONCA working party on mental health. Tony has helped organise and has presented at national conferences on primary care mental health including a WONCA conference in Switzerland. He initially trained as a dentist and is a former registrar in maxillofacial surgery, a specialty that initiated his interest in mental health.

