WaMH in PC - Wales Mental Health in Primary Care Survey 2014

Welcome to the 2014 WaMH in PC survey. Please click NEXT to start the survey.

1. In your opinion, how difficult is the area of mental health to manage at primary care level?

○ Very difficult

○ Difficult

○ Manageable

○ Not at all difficult

2. Looking at your mental health case load: what proportion of your practice time is spent on mental health related work?

○ 5%

○ 5 – 10%

○ 11 – 20%%

○ 21 – 30%

○ 31- 50%

○ > 50%

3. In the last 12 months have workload pressures / increased complexity / other practice-related issues had an effect on your well-being?

○ Improved effect

○ No effect

○ Detrimental effect

○ No comment

4. How confident are you personally about dealing with each of the following steps in the patient's pathway? - - - - - 1 is low confidence and 5 is highly confident

	1 (low)	2	3	4	5 (high)
Early / proactive detection of signs of mental health issues	○	○	○	○	○
Assessment and diagnosis of mental health issues	○	○	○	○	○
Treatment and referral decisions	○	○	○	○	○
Follow up and reassessment	○	○	○	○	○
Patient support and engagement	○	○	○	○	○
Managing patients with co-morbidity of mental and physical ill-health	○	○	○	○	○
Understanding and signposting for the social factors related to mental well-being – for example housing, diet, employment, social inclusion and others	○	○	○	○	○
Promotion of mental health and well being in the patient community including social and economic interventions, e.g. debt counselling and third sector /social enterprise initiatives	○	○	○	○	○

WaMH in PC - Wales Mental Health in Primary Care Survey 2014

5. How much support (such as guidelines and access to and engagement with other mental health services) do you feel your practice has overall in dealing with each of the following steps in the patient pathway? Please consider all age groups in your answers - - - - - 1 is low level of support and 5 is high level of support

	1 (low)	2	3	4	5 (high)
Early / proactive detection of signs of mental health issues	○	○	○	○	○
Assessment and diagnosis of mental health issues	○	○	○	○	○
Treatment and referral decisions	○	○	○	○	○
Follow up and reassessment	○	○	○	○	○
Patient support and engagement	○	○	○	○	○
Managing patients with co morbidity of mental and physical ill health	○	○	○	○	○
Understanding and signposting for the social factors related to mental wellbeing - for example housing, diet, employment, social inclusion and others	○	○	○	○	○
Promotion of mental health and well being in the patient community including social and economic interventions, e.g. debt counselling and third sector /social enterprise initiatives	○	○	○	○	○

6. When dealing with common mental health problems do you refer (R) to or provide (P) any the following (please mark with R or P):

	Refer (R)	Provide (P)
Advice and information	○	○
Prescription medication	○	○
Further assessment	○	○
Befriending	○	○
Bibliotherapy	○	○
Physical activity (such as gym therapy)	○	○
Cognitive behaviour therapy (by therapist or via computer/internet)	○	○
Another type of talking therapy / counselling	○	○
Counselling	○	○
Referral to another organisation or service	○	○
Signposting to another organisation or service	○	○
Another form of support	○	○

*7. What are the top three barriers to the successful delivery of Primary Care mental health services?

☐ Timely access to psychological therapies

☐ Timely access to secondary-care services

☐ Service capacity

☐ Personal Professional knowledge of mental health issues

☐ Referral processes

☐ Care pathways

☐ Treatment protocols

☐ Low level of professional interest in mental health in primary care

☐ Difficulties working together with other parts of the mental health services

☐ Availability of training in mental health issues

☐ Other (please specify)

8. How effective has Part 1 of the Mental Health Measure been on your ability to manage common mental health problems (for the benefit of your patients)?

○ Highly effective

○ Moderately effective

○ Not effective

9. Have the changes to the Welfare / benefits payment arrangements had an impact on your Practice? (please tick one option for each of A and B below):

	Significantly more often	Marginally more often	No significant increase
A. 'old' patients attending more often	○	○	○
B. 'new' patients presenting in surgery	○	○	○

10. Do you have any concerns about governance issues; waiting times; communications between services; access to psychotherapeutic interventions; quality or appropriateness, of the new primary care support services? (Please provide any comments you wish to make)

11. Do you feel there should be a greater or lesser level of investment in time and resources in mental healthcare in Wales, relative to other primary healthcare priorities in general? Please tick the option that best applies.

○ Much greater

○ Somewhat greater

○ The current level of investment is right
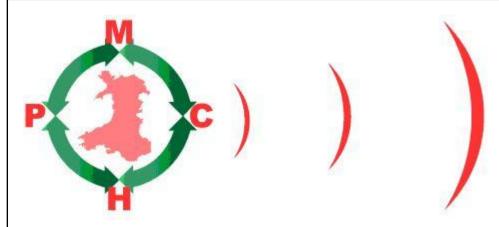
○ Somewhat less

○ Much less

*12. **Have you heard of WaMH in PC before taking part in this survey?**

○ Yes

○ No

13. Please confirm how you heard of WaMH in PC before taking part in this survey

☐ Via Email

☐ Via Information Sheet

☐ Via the WaMH in PC website

☐ Via a colleague

☐ Other (please specify)

14. What value and usefulness to your personal practice have you found the information and services produced by WaMH in PC

○ Very beneficial

○ Beneficial

○ Cannot comment

○ Not beneficial (please make any comment concerning reason for this response)

15. Please give your gender

○ Male

○ Female

16. Please give your age range

○ <30

○ 31 – 40

○ 41 – 50

○ >51

17. Your professional background

○ GP

○ Practice Nurse

○ Local Primary Health Support Service Worker

○ Other (please specify)

18. Which Welsh Health Board(s) do you work in?

☐ Abertawe Bro Morgannwg UHB

☐ Aneurin Bevan HB

☐ BCU HB

☐ Cardiff and Vale University HB

☐ Cwm Taf HB

☐ Hywel Dda HB

☐ Powys Teaching HB

19. Do you have a special interest in mental health?

○ Yes

○ No

20. Do you have any specific qualifications in mental health?

○ No

○ Yes (please specify)

21. Any other comments

22. If you would personally like to receive a copy of the survey results, which will be published in May 2014 or be be kept up to date on the work of WaMH in PC please tick the relevant boxes below and give your name and email address in the following boxes

☐ Survey results

☐ Work of WaMH in PC

23. Please provide your name and email address to receive the survey results and/or be kept up to date with WaMH in PC's work. These details will not be used in the analysis of the results. All answers will be kept confidential

Name

Email

Thank you for taking the time to complete the 2014 WaMH in PC survey.